



restorative

prophylaxis

NSK

SDC Product Line 2016

The modern solution from Swissdentacare

Calculated labour costs to reduce 1 mm of enamel Approximal enamel correction



Data based on university study (in vitro), where the removal rate of various grinding tools were examined¹. On basis of these results, the time required to remove 1 mm of enamel was calculated. Economically cost covering amounts per working hour of german dentists were approximately \in 180 in 2002^{2,3}. Taking this data, the shown costs were calculated.

Apart from the economic aspect, the mechanical method ensures substantial advantages



Improved comfort for your patients

- reduced treatment time (max. 5 min vs min. 15 min)
- reduced treatment stress



Output Optimization

- optimized view on treatment area
- optimized control of the abrasive

Manfredi M., Interproximal enamel reduction: SEM ultrasound analysis of various methods; Dissertation, Universita' degli studi dell'Insubria, 2006/2007
Hartenbach M.; Praxiskosten – Was kostet eine Zahnarztstunde; in: Zahnärzte-Wirtschaftsdienst-05/2002
Im Durchschnitt hat eine Ein-Behandler-Praxis einen Kostensatz von 170 – 260 Euro und einen Honorarstundensatz von 290 – 420 Euro."; aus Tafuro F., Franzen N.; in: Unternehmen Zahnarztpraxis – Die Bausteine des Effolgs (S. 76, Kostenquote); Springer-Verlag Berlin, 2011

For Orthodontic & Aligner treatments



Handpiece with internal water irrigation

No noise! No vibration!

Handpiece Maintenance

To guarantee that the products have a long service-life, please refer to the instructions of use in manufacturer's web page. (www.sirona.com/www.nsk.com)

We advise

to observe the recommended speed indicated in the table below and manufacturer's instructions of use.



Micromotor (T1 Line) ISO attachment



A agent

NSK Ti Max X55	
1972	
Water	
1,4mm	
4:1	

Micromotor setting speed:	40'000 rpm
Recommended max. speed:	10'000 rpm

Name: Article Ref. Type: Stroke: Reduction:

For Orthodontic & Aligner treatments

G5-ProLign Files calibrated files for Aligner Systems and fixed orthodontics

G5-ProLign strips are especially suitable for safe, precise, minimally invasive orthodontic preparations. Safe and comfortable treatment. Excellent tools with calibrated thickness strips, for controlled interproximal correction.



SDC-CombiStrip thin flexible diamond coated strip for mechanical operative mode

Packaging. refills:

3 pcs.

3 pcs

Extra thin flexible strip with an ingenious **dual operation mode.** Excellent for high-gloss polishing of interproximal areas, enamel, composites, and cements. **Ideal smart solution for rounding off the tooth profile after proximal reduction.** Also suitable for removing overhanging sections of composite and cement.

3 pcs

4 pcs



For Orthodontic & Aligner treatments

SDC-Measuring gauge





Name:	Measuring Gauge 5	Measuring Gauge 9
Description:	5 thicknesses to measure the IPR space	9 different thicknesses
Article Ref.:	1991	1992
Packaging:	1 pc.	1 pc.

SDC-G5 Shank for G5 Instruments.

The SDC-G5 Shank is a file holder for use exclusively with all G5 instruments. Autoclavable.



SDC-PolySoft High-gloss polishing after interproximal reduction, restorations, or for prophylaxis

PolySoft is a thin polyester strip with ultra-fine abrasive coating on one side. Excellent for high polishing and finishing of interproximal areas.



Name:	PolySoft	PolySoft
Grid: µm	Extra - Fine	Fine
Article Ref.:	1209/25	1215/25
Packaging refills:	25 pcs.	25 pcs.

SEM picture: Untreated enamel surface and treated surface with PolySoft 15 micron All pictures by courtesy of the Institute of Material Science: Technische Universität Darmstadt, Germany

Instruction for targeted interproximal enamel reduction for orthodontic and aligner treatments

Suggestion:

for easier contact point reduction insert a wedge at first, resolve contact point with the 0.1 mm or 0.2 mm G5-ProLign, expand the interproximal spaces as desired with the 0.2 mm, 0.3 mm files, etc., in ascending order, to the desired width.

- Depending on the clinical situation, the widening of the contact points may be done on one or both sides.
- For enamel reduction move the strip back and forward continuously with slight vertical pressure.

To open 0.1*mm* 0.2mm 0.3mm 0.4mm 0.5mm Low & moderate Crowding Set-Up 0.2mm 0.2mm 0.2mm 0.2mm 0.1mm Wedge: easier contact point opening **Oscillating Head** 0.3mm 0.4mm 0.4mn

In contrast to an extraction creating large gaps, with Interproximal Enamel Reduction(IPR), the necessary reduction of enamel is split into several small gaps.

That's why it is, in principle, reasonable also to spread the IPR into several treatment sessions: firstly, to treat the easy accessible points of contact and secondly, to gradually treat the remaining spaces necessary, once the actual crowding is resolved.

The flattened contact surface additionally helps reduce a possible recurrence of the problem. The black triangles occasionally occurring in the orthodontic treatment of crowded teeth (increasing interproximal spaces) maybe counteracted by targeted contour shaping.

How to use step by step ProLign calibrated files

Short Handling Instruction

To fit the strip to the shank with all G5 Instruments

Push the strip from the bottom side into the shank (3A) until it clicks in place (3B).

Correctly fitted strip in final position. At the bottom side of the shank is a little stopper which prevents the strip from slipping out (3C)





To remove the strip from the shank (for both, blue and Pink shank, with all G5 Instruments)



Ideal start hand position



Push down the strip with your finger (4)



Push down the strip from shank till it clicks out (5)



Correctly removed strip from the shank (6).

Important to know !

We recommend to respect this 3 important points:

- 1. Do not exceed the recommended working speed! (see table below)
- 2. Always lubrificate your handpiece after each use
- 3. Do not attempt to disassemble the handpiece nor tamper with the mechanism



NSK Ti- Max X55 4:1 Micromotor: 40'000 rpm Rec.working speed: 10'000 rpm max.

Our handpieces work with all Universal ISO motor attachments. For further information please download operation manuals for NSK at www.nsk-dental.com. Files are currently advertised as being sterilizable for repeated use. **NB:** The nature of particle entrapment within the grit makes the practice of using recycled files among different patients discretionary. We advise to always sterilize the files in an autoclave with a cycle **B** "prion". This is in compliance with the EU standard EN13060.

Place the used instruments in an ultrasonic cleaner with a special disinfectant containing a corrosion inhibitor additive. The instruments should not be immersed too long in the solution to ensure that the colour coding is not removed. Do not use highly aggressive chemical products (e.g. hydrochloric

chemical products (e.g. hydrochloric acid, hydrogen peroxide) as they could corrode the instruments. These substances can also impair the technical properties of the plastics, i.e. change their hardness and durability.

Program table:			
Sterilization Cycles	B Standard 134	B Prion 134	B Standard 121
Temperature	135.5º C	135.5º C	122.5º C
Pressure	2.16 bar	2.16 bar	1.14 bar
Duration of the plateau	4'	18'	15'
Duration of the drying phase	15'	15'	20'
Total duration:	30'- 40'	44'- 54'	50'- 60'

Please consult our web page to view our company information, instruction for use and further information. **www.swissdentacare.ch**





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